

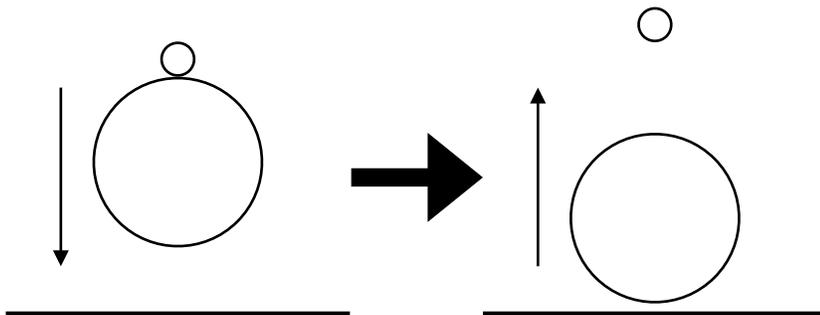


## What is a Christian?

Part 2

### Opening Game/Thought

Video Challenge! You all have probably done or seen what happens when you put two bouncy balls on top of one another and dropped them (ex. Place a tennis ball on top of a basketball and drop them at the same time. The tennis ball goes way higher than normal!). But what is the best combo you can do! Or how many balls can you stack on one another?! Compete with your family or send a video and compete with the whole youth group!



Jesus invites us to follow him, and when this happens, we can't help but be affected how Jesus is affected. As we know Jesus more and more, we have the same joy, hope, anger, and even hurt that Jesus does. Like the energy transference in these balls. We're launched into amazing and beautiful worlds of emotion as we stay close to Jesus.

Check it! (Scan this QR code)



### Scripture:

Take a deep breath in and breathe out. Bring your mind and body to an open space as you read the scripture

### **John 2:13-17**

**The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins**

**of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me."**

**John 11:32-37**

**When Mary came where Jesus was and saw him, she knelt at his feet and said to him, "Lord, if you had been here, my brother would not have died." When Jesus saw her weeping, and the Jews who came with her also weeping, he was greatly disturbed in spirit and deeply moved. He said, "Where have you laid him?" They said to him, "Lord, come and see." Jesus began to weep. So the Jews said, "See how he loved him!" But some of them said, "Could not he who opened the eyes of the blind man have kept this man from dying?"**

Group Questions

- Do you think it makes Jesus weaker or stronger to feel emotion?
- How has our society discouraged emotion and how does that change your perception of God?
- How does Jesus feeling emotion give a stronger connection between you and him?

Prayer

God, how amazing are you that even though you can create, destroy, change anything in all creation, you still choose to have emotion. Even though you can modify whatever might upset you, you choose to feel just as I feel. Thank you for being like me, human. Amen

Thought

To be a "Christian," a "follower of Christ," is to follow someone who is full of emotion, not just some robot-like God who sends a bolt of lightning on anything that makes that God upset. Jesus fought, Jesus wept, Jesus loved, Jesus was filled with joy, but what brought out these emotions? Jesus felt these anger when God's name was being disgraced, he wept with those who suffer, he felt joy when people stepped closer to a path of justice, Jesus loved all. To follow Christ, we must follow how he felt emotion.

Closing Prayer (write yourself)

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