



What is a Christian?

Part 4

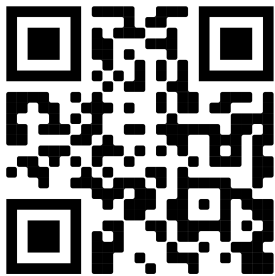
Opening Game/Thought

Social Media Challenge (or just for fun)! Awkward Family Photos! Set a timer on your phone to take a picture of you and your group in 10 seconds. As soon as you hit "Go," choose just one category as a group from the list below (NO PLANNING BEFOREHAND), and try to create an awkward family photo. The more creative the better! Once you take the photo, send it to someone else and see if they can guess what type of family is in the picture! Try it a few times, sending it to different people!

- Family of Dentists
- Family of Scientists
- Family of People unhealthily obsessed with cats
- Family of 1940s Gangsters
- Family of People who don't trust each other
- Family of Pro Wrestlers
- Family of Cheerleaders
- Family of Monsters
- Family of Hippies
- Family of Scared People
- Family of Pure Cuteness
- Family of Confused People

Games like this are never the best when one person bosses others around. It takes trusting other people and their unique thought processes to bring out the best outcome, which normally happens! God calls us to do this regularly - to trust other people and how God made them despite what we might think is best.

Check it! (Scan this QR code)



Scripture:

Take a deep breath in and breathe out. Bring your mind and body to an open space as you read the scripture

Philippians 2:5-8

If then there is any encouragement in Christ, any consolation from love, any sharing in the Spirit, any compassion and sympathy, make my joy complete: be of the same mind, having the same love, being in full accord and of one mind. Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves. Let each of you look not to your own interests, but to the interests of others. Let the same mind be in you that was in Christ Jesus,

who, though he was in the form of God,
did not regard equality with God
as something to be exploited,
but emptied himself,
taking the form of a slave,
being born in human likeness.

And being found in human form,
he humbled himself
and became obedient to the point of
death—
even death on a cross.

John 13:3-8

Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, got up from the table, took off his outer robe, and tied a towel around himself. Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. He came to Simon Peter, who said to him, "Lord, are you going to wash my feet?" Jesus answered, "You do not know now what I am doing, but later you will understand." Peter said to him, "You will never wash my feet." Jesus answered, "Unless I wash you, you have no share with me."

Group Questions

- Who is the most humble person you know? Does their humility make them lesser or greater in your eyes?
- When is it hard to show humility?
- Why do you think God was humble instead of dominating?

Prayer

Jesus, who is God, how is it that you, who created the entire universe, could suffer, could be poor, could be a slave, could die? Help me to be humble as you were humble, help me to be one of the losers in this world, just as you were. I want to be like you. Amen

Thought

The most essential characteristic of Jesus Christ is Jesus' loving humility, lowliness, servanthood. Jesus was rejected by crowds, spat on, made fun of, beaten, and in the end died for those who were rejecting him. If we want to be Christians, people who follow Christ, we have to be humble, to be low. We have to sometimes take joy in being treated as lesser. We have to consider everyone around us as better than we are. Even if our minds are screaming that they aren't! Jesus was God and acted as if everyone around him was better than him. If God, the supreme being, can do it, we can do it!

Closing Prayer (write yourself)
